

HOMIES away from HOME

Cave swimming, Mediterranean views and the best in modern design – is there a better route to relaxation?

OLEA ROYAL SPA AT OLEA ALL SUITE HOTEL ZAKYNTHOS

Scented with the essential oils of Mediterranean herbs and built off a lake-sized pool and its cascading water features, the Olea Royal Spa is a treat for the senses. Modern design is captured with Lee Broom 'Crescent' pendant lights, plump floor cushions and poured-concrete walls, creating a serene atmosphere in which to unwind (oleaallsuitehotel.com).



A.SPA AT KATIKIES MYKONOS

A cool scheme of Grecian blue and white sets the scene at A.Spa, the elegant wellness offering of the five-star Katikies hotel on Mykonos. Its Symphony Ritual – including full-body exfoliation, a softening massage and soothing facial – is a highlight, and guests are encouraged to ride the wave of relaxation with gentle cave swimming beforehand (katikies.com).

YOKO KITAHARA TEL AVIV, ISRAEL

Run by Japanese wellness expert Yoko Kitahara, this eponymous spa is hidden down a small street in Old Jaffa and boasts views of the Mediterranean Sea. Inside, its understated aesthetic is an east-west fusion made up of Scandinavian-inspired furniture, tatami mats and bonsai trees. Adhering to the Japanese concept of *omotenashi* (dedicated hospitality), it is a truly relaxing place to stay (yokokitahara.com).



THE MAKINGS OF A GOOD NIGHT IN



This 100 per cent natural flax robe gets softer and more stylish with every wash. 'Oatmeal' linen robe, £70, Piglet (pigletinbed.com)



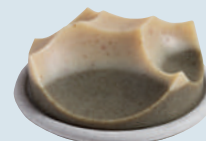
Tried and tested by guests at Soho Farmhouse, this pair is padded for extra comfort. 'Harrison' slippers, £38, Soho Home (sohohome.com)



British beauty label Votary uses only natural oils in its range. 'Lavender and Chamomile' candle, £45 (votary.co.uk)



The fruity fragrance of these scented matches flares with the flame. 'British Plum' matches, £9, Blank Factory (blank-factory.com)



This sculptural, hand-poured bar is as beautiful to touch as it is to smell. 'Erode' soap, £40, Umé Studio (ume-studio.com)